

EAST SIDE HEALTH DISTRICT
preventive health & education services



Public Health
Prevent. Promote. Protect.

2015

Annual Report

Greetings:

East Side Health District is committed to motivating residents to live healthy, active lifestyles through promoting good health practices, protecting communities from disease and preventing illness and injuries in Canteen, Centreville, East St. Louis and Stites Townships.

The vision of East Side Health District is to be a catalyst for the surrounding communities by cultivating wellness, community empowerment and policy change through client service, education and cross-organizational collaboration.

The State of Illinois is still in a state of turmoil. Many changes and challenges lay before us. One constant is the commitment of East Side Health District to stand strong during fiscal challenges that affect the continued operation of its public health sector. I am proud to announce that East Side Health District has continued to provide quality preventive care services and innovative ideas to bring health care to our community.

2015 Accomplishments:

1. ESHD Emergency Preparedness & Communicable Disease staff participated in the St. Louis CRI MSA, Bi-State exercise "Rabbit Fever".
2. The Environmental Health Division, partnering with Jersey County Health Department, received a grant from the Food & Drug Administration (FDA) for education and training related to implementing the FDA food code within their jurisdiction(s).
3. The ESHD infrastructural improvements began with implementing a new electronic payroll system, new printers and computer systems.
4. ESHD served as the host site for the Get Up N Go Foundation Spring Gardening workshop.
5. ESHD was a founding member of the steering committee to present the SMART Health Community Health Education Day in conjunction with Washington University School of Medicine, Touchette Regional Hospital, Siteman Cancer Center, Barnes Jewish hospital, ESL Housing Authority and the East St Louis Community College.
6. ESHD was chosen to work on a CDC project through the National WIC Association to focus on improving healthy food access and improving health outcomes. The Healthy Corner Store Initiative provides store owners support and resources to stock healthy foods, including fresh fruits and vegetables, whole grains, low-fat milk, and eggs. Currently five East St. Louis convenience stores have agreed to make an effort to increase wellness by offering healthy options. With the help of our Make Health Happen Coalition, we hope to convert all 40 convenience stores in East St. Louis to healthy stores.
7. Mrs. Whiteside held an educational Urbanization session with Washington University Master of Social Work students

The Health Department is an integral part of the community. East Side Health District will continue to promote, protect and serve the citizens. Therefore, it is with great pleasure that the staff of East Side Health District would like to extend a "THANK YOU" to the Board of Health and all of the citizens within our jurisdiction and present our 2015 Annual Report for review.

Your public servant,

Elizabeth Patton-Whiteside

Public Health Administrator

EAST SIDE HEALTH DISTRICT
BOARD OF HEALTH

Mark Kern, President	County Board Chairperson
Vanessa Chapman, Treasurer	Stites Township Supervisor
Oliver Hamilton	ESL Township Supervisor
Norman Miller	Canteen Township Supervisor
Curtis McCall	Centreville Township Supervisor
Phil Rice	Attorney
Elizabeth Patton-Whiteside	Public Health Administrator
Dr. Theodore Ross	Medical Director

EAST SIDE HEALTH DISTRICT
ADMINISTRATION & ADMINISTRATORS

Hardy Ware, Assistant Administrator	Finance
Myla Oliver-Blandford, Assistant Administrator	Environmental Health
Rosalind Ross, Assistant Administrator	Operations
Lynn Shelton, Director	Nursing
Bhagya Kolli, Director	WIC
Williamenia Allen, Director	STD/HIV
Ruby Allen-Ellis, Program Manager	Affordable Care Act
Lamont Jones, Program Manager	Health Education
Regina Washington, Program Manager	Family Case Management
Debra Verges, Program Manager	Environmental Health
Diana Cummings, Program Manager	Vivian Adams SBHC

WIC PROGRAM SERVICES

Bhagya Kolli, Director

WIC is a special supplemental nutrition program for women, infants & children helping pregnant, postpartum & breast feeding women, infants & children up to the age of 5 to improve family health with good nutrition:

- Nutrition Education
- Health Screenings
- Breast Feeding Support

NUTRITIOUS FOOD & REFERRAL TO OTHER SERVICES

Client Certified	5268
Food Instruments Issued	42504
Clients Receiving Group/ Individual Sessions	9768
Internet Education	29
Clients Receiving Follow Up	2064

FAMILY CASE MANAGEMENT PROGRAM

Regina Washington, Program Manager

Case Management Services help pregnant women, infants & children. Health care & social service needs are met through advocacy & referrals.

DCFS Children Enrolled	102
Better Birth Outcome (BBOP)	252
Pregnant Women & Infants	1829
APORS	144
Home Visits	192
Screenings Developmental	1039
Screenings Perinatal	1278

NURSING SERVICES

Lynn Shelton, Director

GENETICS

Family members can request information on inherited medical conditions. Counseling, education and referral services are offered.

Family Referral/Follow up	86
Screening Tools Completed	522
Positive Indicators	225

OTHER CHILD & ADOLESCENT SERVICES

By appointment we provide community residents with preventive & screening services for children & adolescents from birth to age 19.

IMMUNIZATIONS, WELL CHILD EXAMS & PHYSICALS

- Immunizations for infants & school aged children & adults.
- Well child exams for children up to age 5, including health history, lab work & immunizations.
- School physicals for students in kindergarten through high school. (A fee may be required)
 - Adult Physicals. (Fee required)

Ages 0- 2	225
Ages 3- 18	663
Ages 19 & Older	486
TB Tests	525
Physicals	402

LEAD POISONING PREVENTION PROGRAM

Lead screening for preschool age children, and identification & medical management of lead poisoning in young children.

Clients Screened for Lead	1228
Number Elevated (10 & above)	18
Environmental Inspections	4

SCHOOL BASED CLINICS

Located in two high schools & one pre-school, these clinics provide health education & health care services to students.

- Physical Examinations.
- Health education & counseling.
- Medical & social service referrals.
- Sexually transmitted disease testing & treatment.
 - Abstinence education.
 - Laboratory testing.
 - WIC services.

EAST ST. LOUIS HIGH SCHOOL

Teresa Johnson, RN, Program Manager

Physical Exams	184
Complaints of Illness	92
Behavioral Health	17

CAHOKIA HIGH SCHOOL

Teresa Johnson, RN, Program Manager

Physical Exams	171
Complaints of Illness	117
Behavioral Health	20

VIVIAN ADAMS

Diana Cummings, RN, Program Manager

Preschool based clinic offering health care services & health education

Physical Exams	272
Sick Visits	111

COMMUNICABLE DISEASE SERVICES

Reduces the spread of disease through prevention education & specific diagnostic services. Clients are monitored for:

- Childhood communicable diseases.
 - Food borne illnesses.
 - Sexually transmitted diseases.
 - HIV/AIDS

NUMBERS IDENTIFIED

Legionnaires Disease	6
Hepatitis C	71
Hepatitis B	11
Salmonellosis	7
Shigellosis	37
Psittacosis	2
Strep Invasive Group A	1
Spotted Fever Rickettsioses	1
Pertussis	2
Staph aureus (VISA)	2
Influenza w/ICU admit	1
West Nile Fever	2
West Nile Virus	1

BREAST & CERVICAL CANCER PROGRAM

New Patients	12
Established Patients	43
Pap Test	23
Clinical Breast Exams	48

DENTAL HEALTH PROGRAM

Dr. Carla Lewis-Longley

Dental exams, cleanings, fluoride treatments, sealants & referrals for children age 2- 19.

Clinic

Number of Clinic Exams	152
Clinic Fluoride Treatments	154
Number of Prophylaxes	199
Number of Sealants	348
Number of Sealant Patients	70

Schools

Number of School Exams & Prophylaxes	654
School Fluoride Treatments	399
Number of School Sealants	1380
Number of School Sealant Patients	415

STI/HIV

Williamenia Allen, Director

SEXUALLY TRANSMITTED DISEASE PROGRAM

A CONFIDENTIAL service for individuals:

- Who have a sexually transmitted disease.
- Who suspect they have a sexually transmitted disease.
- Who may have had contact with an infected person.

The STD clinic offers diagnosis, treatment, education & condoms to prevent the spread of STI's.

Total Seen In STD Clinic	1930
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TESTS PERFORMED

Gonorrhea/Chlamydia	1675
Syphilis	1657
HIV Testing	1479
Risk Assessment Surveys	1335

VACCINATIONS

Hepatitis A Vaccine - discontinued	0
Hepatitis B Vaccine - discontinued	0

RYAN WHITE MEDICAL CASE MANAGEMENT SERVICES

HIV COUNSELING & TESTING SERVICES

Free confidential services for persons who may have been exposed to the Human Immunodeficiency Virus (HIV), the virus that results in AIDS.

HIV Counseling & Testing Encounters	920
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RESPECT Risk Reduction Counseling	2500
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HIV CASE MANAGEMENT

Provides case management services to HIV infected individuals & families & links clients with housing, medical assistance, transportation, nutrition assistance, medication assistance & other care needs.

Clients Case Managed	118
Program Contacts	1370

Kaleidoscope Youth Center

Co-located Youth center geared towards young Black MSM between the ages of 13-24, offering safe harbor for activities, socialization, and clinical services including STD/HIV testing, psychosocial support and Dental care.

Registrants	85
Dental visits	32
HIV outreach testing	14
Psychosocial visits	10
Group Support visits	96
Health Assessments	11
CRAFFT Substance Abuse Screening	11
Drop in activities	29

ENVIRONMENTAL HEALTH

Myla Oliver-Blandford, Assistant Administrator

The Environmental Health Division is responsible for implementing environmental health programs that protect & educate the public. These programs involve regulatory inspections, mosquito disease surveillance & public education material.

- Food Service Establishment operations.
 - Food Safety.
 - Summer Food Program.
- Private Sewage System permitting & inspection.
- Water Well permitting, inspections & sampling.
 - Mosquito disease surveillance.
 - Vector Control Program.
 - Public Nuisance Investigations.

- Tanning Facility Inspections.
- Tobacco Cessation Education & Outreach
- Emergency Preparedness & Response Planning

Food Inspections (permitted facilities)	647
Summer Food Inspections	32
Private Sewage Systems Permits Issued	4
Water Well Permits Issued	19
Water Samples	18
Mosquito Batch Testing for WNV	51
Private Sewage System Consultations/Complaint Investigations	31
Nuisance & Vector Consultations/Complaints Investigations	55 Risk Assessment
Temporary Food Establishment Training & Inspections	64
Private Sewage Systems Permits Issued	5
Larvicide Applications	313
Tobacco Cessation Education & Outreach Events	55
Food Service Consultations/Complaints Investigations	78

VITAL RECORDS

Birth & death records are maintained at the District's 20th Street Administration office. An official record is maintained of each birth and each death occurring in the District's service area.

A fee is charged for this service. State regulations determine who may obtain a birth or death record. Certificates are available to authorized persons at the 650 N. 20th Street Administration office.

Deaths	520
Births	259

HEALTH EDUCATION PROGRAMS

Lamont Jones, Program Manager

COORDINATED SCHOOL HEALTH

Schools served: Gordon Bush Elementary, James Avant Elementary, Katie Wright Elementary, and Dunbar Elementary

Students Served	200
Health Festival Participants	360

Community Members/Parents	22
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SUBSTANCE ABUSE PREVENTION

In partnership with School District 189 in schools – Lincoln Middle, Mason-Clark Middle,

Students Served	800

PROSTATE CANCER

Health fairs and informational festivities were held throughout the jurisdictional boundaries of East Side Health District to provide services to males regardless of military status, economic status or racial status.

Men Tested	108
Citizens Educated	3258

AFFORDABLE CARE ACT

Ruby Allen-Ellis, Program Manager

Recognizing their vital role in assuring affordable health care for the clients and communities, East Side Health District (ESHD) in partnership with the Illinois Association of Public Health Administrators joined 76 other health departments to direct and operate the Affordable Care Act In-Person Counseling Program thereby becoming an integral part of the Get Covered Illinois’ Assister Network. ESHD employed 12 In-Person Counselor/Navigators to enroll residents into Health Insurance in the St. Clair County and Southern Illinois region.

In-Person Counselors	12
Clients enrolled, thus far	2601

F.R.E.S.H FARMER'S MARKET

Doris Stewart, Volunteer Manager

The F.R.E.S.H. FARMER'S MARKET (FFM) is open seasonally from June through October. It consists of two farm vendors, F.R.E.S.H. Community Teaching Garden and Lehr farms. Produce for the market was supplemented by the DeMange, Breaudigaum, and Keller farms. The FFM accepts EBT - LINK, Credit, Debit, Cash, WIC, Senior & Catholic Urban Program Summer Food Vouchers.

WIC/Senior Vouchers Redeemed	\$ 2828.00
Senior Vouchers Redeemed	\$1525.00
CUP Vouchers Redeemed	\$ 315.00
Cash/Credit/Debit Transaction	\$2578.00
SNAP/LINK Transaction	\$ 696.00
Double Value Link Program	\$ 737.00
Avg. No. of Vendors	2
Avg. Daily Attendance	100
Avg. Season Total Attendance	2896



EAST SIDE HEALTH DISTRICT

Schedule of Revenues & Expenditures

Year Ended June 30, 2015

REVENUES

Property Taxes

\$177,149

Replacement Taxes

\$157,781

Fees

\$398,613

State & Local Grants

\$1,561,280

Federal Pass through Grants

\$2,187,789

Miscellaneous Income

\$15,047

Vending Income

\$1,023

Total General Revenues

\$4,804,352

EAST SIDE HEALTH DISTRICT

Schedule of Revenues & Expenditures

Year Ended June 30, 2015

EXPENDITURES

Administration	\$315,103
Dental Health	\$174,314
Family Case Management	\$748,802
WIC	\$600,370
WIC BF/Peer Counseling	\$56,358
WIC CDC	\$47,152
Public Health Preparedness	\$81,697
Nursing/Well Child	\$365,407
Coordinated School Health	\$21,698
Tobacco	\$27,757
Disease Control	\$882,171
Genetics	\$23,485
Lead	\$9,737
Environmental Health	\$331,206
Healthy Street	\$7,841
IPPC	\$450,240
Vector Control	\$14,082
Family Planning	\$20,454
School Based Health Centers	\$278,652
Substance Abuse	\$127,816
Debt Service	\$183,067
TOTAL REVENUES	\$4,804,352
TOTAL EXPENDITURES	\$4,746,955
EXCESS (DEFICIENCY)	\$57,397

EAST SIDE HEALTH DISTRICT

Locations



Serving the Residents of
CANTEEN TOWNSHIP
CENTREVILLE TOWNSHIP
EAST ST. LOUIS TOWNSHIP
STITES TOWNSHIP

ADMINISTRATION BUILDING
650 North 20th Street
East St. Louis, IL 62205
(618)271-8722

CAHOKIA SCHOOL BASE CLINIC
800 Range Lane Annex Building
Cahokia, IL 62206
(618)337-3117

CAHOKIA CLINIC
1274 Camp Jackson Rd.
Cahokia, Illinois 62206
(618) 337-4178

EAST ST. LOUIS CLINIC
638 North 20th Street
East St. Louis, IL 62205
(618) 874-4713

EAST ST. LOUIS SENIOR HIGH
SCHOOL BASE CLINIC
4901 State Street
East St. Louis, Il 62205
(618) 482-4562

VIVIAN ADAMS
EARLY CHILDHOOD CENTER CLINIC
501 North 10th Street
East St. Louis, IL 62201
(618) 646-3296

WASHINGTON PARK CLINIC
5540 Bunkum Road
Washington Park, IL 62204
(618) 874-4627

FAIRMONT CITY CLINIC
2568 North 41st
Fairmont City, IL 62201
(618) 271-7550